

# Chicken Spaghetti

Makes 6 servings | Grains • Protein • Vegetables • Dairy

## Ingredients

- 1 pound chicken breast, cooked and shredded
- 3 cups or 1 jar of canned spaghetti sauce
- 3 cups spaghetti pasta
- Pepper or red pepper flakes (optional)
- Parmesan cheese (optional)

## Directions

1. Wash hands with warm, soapy water.
2. Cook spaghetti following package directions. Drain.
3. In a saucepan or electric skillet, heat chicken in sauce.
4. Heat through and serve over hot spaghetti noodles. Serve topped with pepper, red pepper flakes, or Parmesan cheese, if desired.



Extension



Recipe from the Cent\$ible Nutrition Program. Learn how to save money, cook quick and healthy meals, and stretch your food dollar by contacting your local CNP educator.

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