



Almond Crunch Trail Mix

Makes 6 servings | Protein • Grains

Ingredients

- ½ cup almonds
- ½ cup dry cereal
- ½ cup dried raisins, apricots, cranberries, or other dried fruit
- ¼ cup chocolate chips (optional)

Directions

1. Wash hands with soap and warm water for 20 seconds.
2. Combine all ingredients in a bowl or resealable plastic bag or container.
3. Gently stir or shake to combine.
4. Divide into ¼-cup portions and place in small bags or containers for easy on-the-go snacks. Or, keep in a large air-tight bag or container.



Recipe from the Cent\$ible Nutrition Program. Learn how to save money, cook quick and healthy meals, and stretch your food dollar by contacting your Wind River Reservation CNP Educator at <https://uwyocnp.org/wrir/>

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