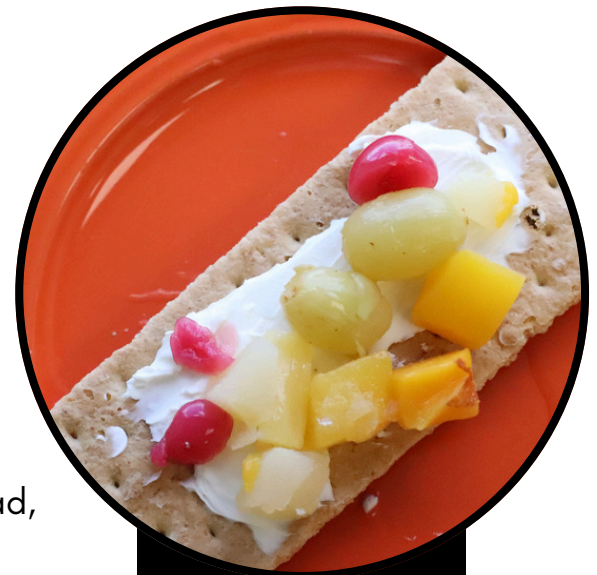


Fruit Pizza

1 Pizza | Fruit • Grains

Ingredients

- 1 rice cake, graham cracker, tortilla, slice of bread, bagel, or English muffin
- 2 Tablespoons low-fat cream cheese
- 1 teaspoon honey
- ½ cup sliced fruit (fresh or canned and drained)



Snack
1st grade +

Directions

1. Wash hands with warm, soapy water for 20 seconds.
2. If fruit is fresh, wash it under cool, running water. Dry with a clean paper towel. If fruit is canned, open can with either the pull tab or can opener and drain the juice from the can.
3. Slice fruit into small pieces, if needed.
4. Spread cream cheese onto rice cake, cracker, tortilla, slice of bread, bagel, or English muffin.
5. Drizzle with honey.
6. Top with sliced fruit.



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