

Chicken Spaghetti

1 Serving | Grains • Protein

Ingredients

- 1 can or pouch chicken (5 ounces), drained
- ½ cup dry spaghetti or pasta
- 1 cup pasta sauce or tomato sauce

Directions

1. Wash hands with warm, soapy water for 20 seconds.
2. Cook spaghetti or pasta following package directions.
3. If canned, open chicken with either the pull tab or can opener, and drain.
Or, open the pouch.
4. After the spaghetti or pasta is cooked, drain water. Then add spaghetti or pasta back to the pot with the chicken and sauce.
5. Heat over low until everything is hot, stirring often.



Lunch or Dinner
7th grade +



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